



## A ROUND OF APPLAUSE FOR JESSICA

After joining our office in 2006, Jessica not only developed a fondness for our patients, but also gained the desire to be even more directly involved in their oral health care. Encouraged by Carrie and Patty (our hygienists), Jessica completed the pre-requisites for hygiene school at Georgia Perimeter College, and will be matriculating into the Medical College of Georgia as a dental hygiene student this fall!

Although she will no longer be present at our office on a daily basis to greet patients in person, Jessica will remain an integral part of our team behind the scenes. We couldn't be happier for Jessica (or sadder that she'll be leaving us), and wish her all the best on the new adventure ahead!

*Of course, we shall keep tabs on her and have her semester reports sent to the office! Dr. Becker and Dr. Chung secretly believe she'll end up enrolling into dental school when all is said and done.*



## HYGIENE CORNER

Did you know there are over **400** prescription and over the counter medications that list dry mouth as a potential side effect? If you take medications for, or have been diagnosed with any of the following conditions, you could be experiencing a dry mouth and be at an increased risk for tooth decay:

Allergies	Depression	Emotional Stress	Parkinson's
Anxiety	Diabetes	High blood pressure	Sjogrens
Alzheimers	Endocrine disorders	Head/Neck Radiation Tx	

Saliva helps to cleanse the mouth of food and debris. More importantly, it neutralizes damaging acids to the protective tooth enamel produced by mouth bacteria. With diminished saliva flow, the body's natural protective mechanism is weakened.

For precautionary suggestions or more information on this topic, such as things to avoid, please consult with your dentist/hygienist.



Our office operates strictly on patient referrals and we would like to thank you for your continuing support. Please remember we are accepting new patients. We appreciate your confidence in our abilities to care for your dental needs as well as your friends and family. If you have someone special in mind that you feel deserves the same dedicated care and treatment that you have been provided, please have them contact our office.



## Greetings from the Coast of North Carolina!

*An update from Dr. Peter R. Heller*

*I hope you are all doing well and enjoying dental health. I am well and adjusting to my life on the coast. Although I am not actively practicing dentistry at this time I have offered my services to the local dentists for medical emergencies and the like. I have taken some time off from medical mission trips to focus on the house here. Plans for a new house went down the tubes with the economy but an existing house on the property became prime for remodeling so I am in the middle of that now. I have a builder working on the outside and I am working on the inside renewing some of the carpenter experiences of the past. I am returning to Atlanta every four to six weeks but usually only staying for a few days at a time.*

*I love the coastal area but it is about as different from Atlanta as possible so I have some culture shock each time I return to the city. The wildlife is extraordinary and the weather great most of the time but when the weather gets nasty it's usually really nasty. We live on a peninsula and the nearest neighbor, my sister-in-law, is a half mile away. If we hear the sound of an engine, it's a boat engine!*

*My father passed away peacefully last November after struggling for several months. My mother and mother-in-law, both eighty six, are doing well. Our son is still playing football, now in Detroit. My daughter is enjoying practicing Elder Law in Atlanta.*

*My sister-in-law and I manage a five hundred acre farm and I am still working with the coastal real estate but that has obviously been slowed by the economy.*

*The house will be livable in about a month and I would love to have you come and visit the "southern banks." It is seven to eight hours by car but only an hour flight to Jacksonville or New Bern North Carolina. I would be happy to pick you up at the airport and give you a cook's tour of the area!*

*Although I enjoy my new life, I miss you and the staff very much. I wish you the very best in your lives and your dental health.*

*Sincerely,  
Dr. Heller*

*P.S. Hope you'll enjoy these photos taken from the Team's annual retreat. It's true, we're family.*

