

NEWSLETTER

Please, Don't Hate Us



Do you hate going to the dentist? We hope not! Here at Atlanta Dental Solutions we understand that dental visits are not the most fun thing to do. We truly appreciate all of our wonderful patients who are loyal to us and those who stay diligent to their recommended recall schedule. We are committed to making your visits with us as pleasant and pain free as possible. If there is something that we can do to make you more comfortable, please ASK!

It is our dental philosophy that staying on schedule with

your hygiene appointments will help keep your mouth and body healthy. The latest data shows that there is a direct link between gum problems and general health problems such as diabetes, heart disease, stroke and pregnancy complications. Aren't those enough reasons for you to come see your hygienist several times a year?

As a general rule, we find that our patients who are out-of-care for more than a year routinely return to our office with more complicated and costly treatment needs. Isn't it more beneficial to be preventative when it comes to your oral health? Our hygienists are highly educated in the field of prevention and are dedicated to help you maintain your oral health with as little dental treatment as possible.



Another New Addition to the Atlanta Dental Solutions Family



Our office manger, Katherine, and her husband, Carey, are proud to announce the upcoming arrival of their baby girl, Harper Eavan. Harper is due on June 10th & will be the first child for Carey & Katherine. Katherine plans to take a few months off & then return to work. We'll certainly have photos available of the little one when she arrives!

SCREENING PATIENTS FOR HIGH BLOOD PRESSURE

According to *Health & Wellness* magazine, one in three adults, or 74.5 million people, in the United States has high blood pressure (HBP). Yet, only 77.6 percent are aware of their condition. Appropriate monitoring of blood pressure cannot only improve outcomes of dental care but also play a role in improving the overall health of patients. Dental hygienists are in a unique position to assess blood pressure and increase a patient's awareness about the risk associated with hypertension since hygienists have regular contact with patients due to frequent care intervals. Unlike physicians, where their patients

only visit them when they are ill or undergoing a diagnostic procedure, dental patients usually are not experiencing a systemic illness when visiting the dentist and usually consider themselves healthy during dental visits (Thompson et al., 2007). Therefore, dental hygienists have a great opportunity to educate their patients on the health risks associated with hypertension, recommend appropriate lifestyle modifications, and promote healthy lifestyles. (Source: www.adctoday.com/images/ecatalog/adview/literature/whitepapers/9000_Whitepaper_0002.pdf)



ATLANTA DENTAL SOLUTIONS

SPRING/SUMMER 2012

FINANCING OPTIONS FOR TREATMENT

Is the cost of your dental treatment causing you to delay important procedures?

Our goal at Atlanta Dental Solutions is to provide our patients with optimal care. We understand that sometimes finances get in the way of allowing you to move forward with treatment recommendations. We want to remove that obstacle for you! Many times holding off on treatment can actually lead to emergencies and more costly procedures down the road. Obviously, this isn't a good situation for anyone.

So that we can continue to offer the best service for our patients, we do ask that you pay by cash, check or credit card in full at each visit. But did you know that we also offer no interest and extended payment plans? These plans, available through Care Credit or Citi Health Card allow you to get started on your treatment as soon as you are

approved. The great news is that these financing plans offer you low monthly payments, a variety of plan options and no prepayment penalty. You get to be in control of how affordable your treatment is!

The process is simple: We let you know the total cost of all recommended treatment. Then, we will help you apply for the most convenient options for you that will fit in with your budget. Approval is immediate and we can get started on your treatment without delay.



We know you appreciate having options available to help you with financing. It's just another part of our commitment to provide the exceptional care that you deserve. We encourage you to find out more information by visiting www.carecredit.com or www.healthcard.citicards.com. Also, our office manager, Katherine, is available to help you with any questions about these payment options. You don't have to let finances get in the way of receiving the care you want and need!

Spring-Summer Schedule

We wish all of our patients & their families a fabulous summer! The following are the dates our office will be closed:

Friday, March 30 - Sunday, April 8

Thursday, June 7 - Monday, June 11

Wednesday, July 18 - Sunday, July 22

Thursday, July 26 - Sunday, July 29

Fruit Smoothies

Fuzzy Peach Fruit Smoothie
1 large peach, sliced and unseeded
1/2 cup of peach yogurt
1/2 cup of skim milk
6 ice cubes

Energy Boost Banana Black Berry Fruit Smoothie
1/2 medium banana
1/2 cup blackberries
1/2 cup non-fat vanilla yogurt
1/2 cup ice cubes

Mango Monkey Fruit Smoothie
1 large ripe mango
8 to 10 strawberries
1/2 medium banana
1/2 cup vanilla yogurt



Thank You for your Feedback...

Thank you very much for all of those who participated with our recent patient survey. We were thrilled with all of the feedback. Congratulations to our winner, Susan Eshback, of the \$50.00 Buckhead Life Restaurant Group gift card. Please look for future surveys from us and more great prize offers. We always welcome your thoughts and strive to improve your patient experience.